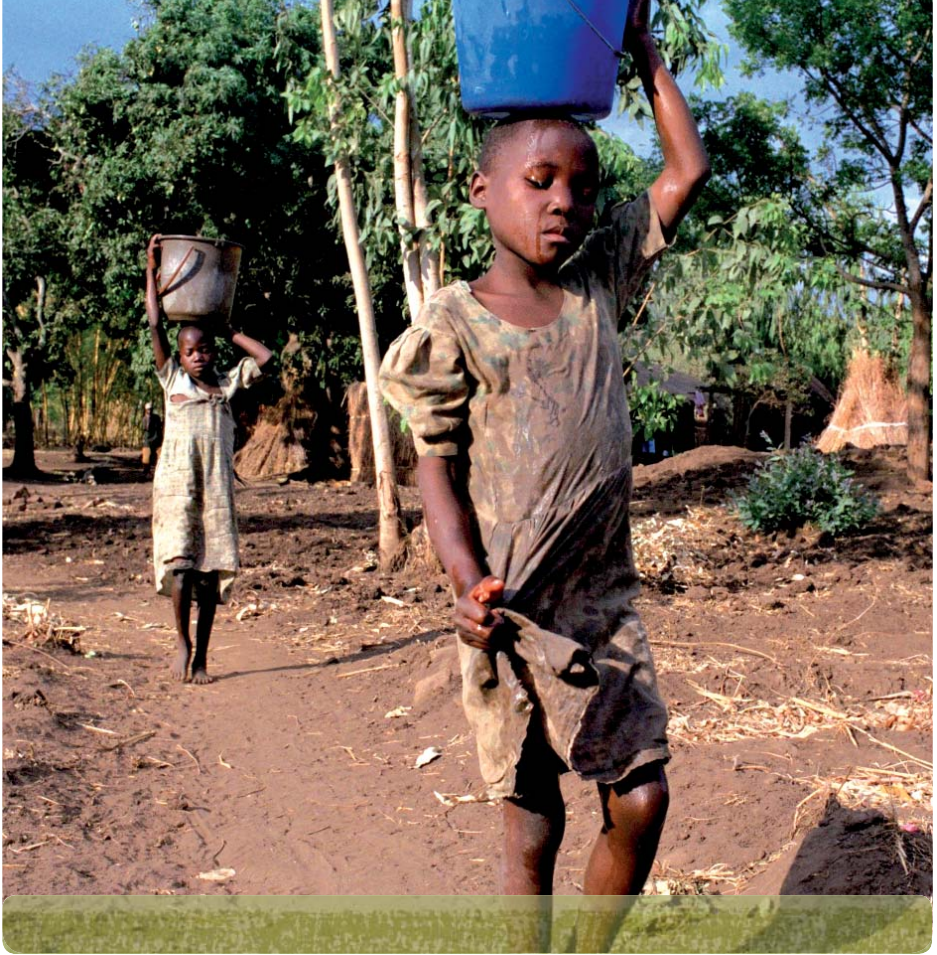




Your invitation

to bring restoration and
hope to Maisha Bora



The desperation in Maisha Bora, central Kenya

The words 'Maisha Bora' mean 'A better life' yet life can't get any harder for people living in this community. Maisha Bora has no running water, no proper sanitation and no school. This place is rife with disease fuelled by poor hygiene and malnutrition.

In this arid and dusty village;

- 352 children are living in abject poverty, 169 as orphans
- Over ¾ of parents are illiterate and unemployed
- Scores of children are working as prostitutes to survive

It doesn't have to stay this way

A new hope for families

Food for the Hungry has experience in this community running a HIV/ AIDS centre. Now, with your support, we want to build on this and help 352 children and 125 of the poorest families restore their lives with new hope and opportunities.



Bringing transformation to Maisha Bora

Your support will transform Maisha Bora by empowering local people to realize their own potential through:



Bringing hope with home visits

Using biblical values, staff will care for orphans, child prostitutes and adults with HIV/AIDs to help them regain their sense of value and integrate into community life.



Education for children

Children will enjoy a full education with uniforms and supplies paid for, with a fresh meal at school everyday.



Income generation for parents

Adults will learn to generate a sustainable income using local resources and learning skills. Literacy classes will help them to read and write for the first time.



Health and Water for all

Special health training will be provided to treat local diseases. By teaching ways of using local water safely, we can also help prevent diseases - like dystentery.

Whilst all the facts in this leaflet are true, names and photos have been changed to protect the identity of individuals.



Maisha Bora needs your help

Transformation in Maisha Bora cannot happen without external support. Today you can choose to make an amazing difference to their lives by sponsoring the community.

To help the community lift itself out of poverty, Food for the Hungry Kenya need £25,000 a year to run this programme.

All support, however small, is welcome. We are also looking to individuals, groups and churches that would be ready to make a significant contribution and get fully involved with the community.



Our commitment to you

We are accountable to you, our donors, for how your money is spent. To keep you informed you'll receive:

- A welcome pack introducing the community
- Photos, stories and progress updates from the community every six months.
- The opportunity to visit the community to see the impact made by your generosity.
- An invite to an annual gathering of all Maisha Bora supporters for a meal and updates.

To find out more please visit www.uk.fhi.net/maishabora.htm

To ask any questions email David at dfinlay@fhi.net



Food for the Hungry

Food for the Hungry is a Christian relief and development charity working in 26 countries worldwide. Food for the Hungry have over 30 years experience in conducting training and community development programmes that meet the needs of local people in culturally sensitive ways.

Maisha Bora

We have worked in Kenya since 1976 and today employ over 130 local staff who work in the poorer centre and north of the country. In Maisha Bora, central Kenya, we invite you to join the fight against unemployment, disease and child prostitution by sponsoring transformation.

www.uk.fhi.net



47 Burgess Wood Road South,
Beaconsfield, Bucks, HP9 1EL.
charity number: 328273

Yes, I will become a supporter of transformation in Maisha Bora.

I would like to make a **monthly donation** to transform Maisha Bora

£20 supports one family

£60 supports three families

other

Standing order form

To: The Manager

Bank address:

Postcode

Bank sort code Account number

Please pay the account of FH UK, Barclays Bank PLC, Po Box 36, Bank Plain Norwich NR2 4SP 40359173 (Sort code 20 62 53)

The sum of In words

Commencing and a like sum each month until further notice

Signature

Date signed

If you are not ready to give a monthly donation, you may like to send a one off gift.

Enclosed is my gift of to help the community of Maisha Bora

Please enclose a cheque payable to FH UK, and fill in the 'Your details' section below.

Increase the value of your gifts

giftaid it

I want FH-UK to treat all donations I have made since 6 April 2008 and all other donations in the future as Gift Aid until further notice. (To qualify for Gift Aid what you pay in income tax must at least equal the amount we will claim in the tax year)

Your details

Title Name

Address

Postcode

Email