



## **CHILD DEVELOPMENT PROGRAM KENYA**

### **Maisha Bora 2010/2011, 4<sup>th</sup> quarterly report to UK:**

#### **Summary:**

Child development program has been walking with Maisha Bora community in encouraging them achieve their dreams of making their lives better. Good collaboration with many stake holders and integration with FH/HIV/AIDS program has motivated the community to make a big stride to accomplish all the set objectives.

There was series of focus group discussions for 3 major income generating groups in Maisha Bora giving them an opportunity to brainstorm on how to improve their group activities. A training involving representatives of families and people living with HIV/AIDS amongst the community was an essential tool for empowerment.

Youth members comprising of 25 girls and 30 boys were engaged in a 3 day spiritual rally where they had fun and inspirational Bible teachings. 10 CDP scholarship beneficiaries were also involved in guidance and counseling while 55 Maisha Bora pupils benefited from 3 important life skills trainings.

Environmental clean-up exercise, completion of 6 latrines, 9 medical referrals and 20 home visits were among the major activities in the quarter geared towards improving the health status of families living in Maisha Bora community.

#### **Description of key activities undertaken:**

##### **I. Youth rally:**

An inspirational 3 day youth rally was held at Bishop Locati nursery school hall Isiolo. The event brought together 55 youths from Maisha Bora community. They were taught on elements of a true believer, gifts of Holy Spirit, self esteem, conversing with God and others, healthy relationship, drug abuse, rewards of obedience, HIV/aids and stress management. The facilitators of the event were available throughout the sessions and went an extra step to give guidance and counseling services to different individuals who needed.



***Maisha Bora youths following proceedings at the rally.***

## **II. Environmental clean-up:**

Environmental degradation is a major issue in every part of the world. One innovative way of reversing this destructive happening is for everyone to take an individual responsibility to make sure that their environment is kept clean. As a way of upholding this principle and giving gratitude for their scholarship awards, CDP high school beneficiaries together with other children in the community participated in a day environmental clean-up sessions. They went round the village of Maisha Bora, collected garbage and burnt them at one central point. Later they were encouraged by the CDP staff to be a living example in keeping the environment clean.



***Scholarship beneficiaries involved in environmental clean-up***



### **III. Child counseling:**

High school beneficiaries usually submit their academic progress reports during their school vacations. Ten beneficiaries who brought their progress report received guidance and counseling sessions that mainly emphasized on how to improve their performance and make good career choices. This has proved to be a worth activity to do for all beneficiaries.

### **IV. Home visit:**

20 families in the community were visited for psycho social support. All the visited families were encouraged to work hard in order to adequately provide for the need of their children. They were also encouraged to join or form income generating activities groups to make small savings and support their businesses. Hygiene practices at home were also emphasized.

### **V. Life skills trainings:**

3 major life skills trainings for 55 Maisha Bora nursery school were successfully accomplished. The training includes a Bible lesson on the love of God, health issues on how to keep our environment clean and personal hygiene practices. Children were eager to learn and participate in the training.

### **VI. Latrine constructions:**

CDP program has been working at its best to improve the hygiene practices in Maisha Bora community. After motivating families to dig latrines, six more latrines were provided with slabs to improve on its structure and making it more durable and easy to use. The activity was a welcome in the community hence many families have been enlightened to construct latrines with structures that are affordable to them.

### **VII. IGAs groups focus discussions:**

3 income generating activities group held focus group discussions with CDP staff on how to improve their activities in order to generate more income. They also brainstormed on how to diversify their activities to create more sources of income for their groups. The groups involved were: Maisha Bora bringing hope youth group, Alela self help group and Muungano group. The discussions were lively and the participants were excited about it. We hope that the ideas shared will improve their savings and income

### **VIII. Community training:**

CDP program in partnership with FH/HIV/AIDS program conducted one day training for 25 representatives from Maisha Bora community. Among the trained are people living with HIV/AIDS within the community. They were trained mainly on hygiene practices, nutrition and stigma reduction.



## IX. Medical referrals:

Children with minor ailments like fever, cold and minor injuries are referred to CCS health centre. 9 children have been referred and received treatment at the health centre in the quarter. It is important to note that cases of referrals are reducing with improvement of hygiene in the community.

### Successes and concerns:

- ✚ A successful youth rally for 55 youth from Maisha Bora community.
- ✚ Focus group discussion for 3 IGAs groups.
- ✚ Completion of 20 home visits.
- ✚ Successful environmental clean up day.
- ✚ 55 nursery school pupils got life skill trainings.
- ✚ 10 high school beneficiaries received guidance and counseling.
- ✚ 9 children received medical attention at CCS health centre.
- ✚ Successful stake holders committee meeting.
- ✚ Successful community trainings.
- ✚ Completion of 6 latrines.

### Key performance indicators:

Indicators	Quantity
Number of home visit completed	20
Number of children who received guidance and counseling	10
Number of children who received life skills trainings	55
Number of focus group discussions held	3
Number of medical referrals to the health centre	9
Number of stakeholders committee meetings held	1
Number of community training done	1
Number of latrines completed	6
Number of environmental clean-up sessions done	1
Number of youth who participated in spiritual rally	55

### Planned activities for the next 6 months.

- ✚ Strengthening of income generating activity materials to the IGAs groups.
- ✚ Organize a spiritual youth rally.
- ✚ Referral of sick children to CCS health centre.
- ✚ Conduct bible and health lessons for Maisha Bora nursery pupils.
- ✚ Conduct children guidance and counseling.
- ✚ Organize community work where high school beneficiaries will be involved in environmental clean up sessions.



### **Community Story: The true transformation:**

Maisha Bora bringing hope youth group started way back in 2008 with the help of child development program. The group membership comprise of 13 male and 11 female living within Maisha Bora community. None of the group members was in any sort of formal employment by the time they started the group. They usually walk around Isiolo trading centre to seek out for casual jobs.

CDP considered the plight of this young group in the society and involved them in all its interventions in the community. They were encouraged to form a self help group and register it with the District Gender and Social Services Department.

After successfully registering with the concerned government department, the program involved them in many empowering training like how to start, manage and finance small scale business likke kitchen gardening, group dynamics and tree nursery preparations and management. This empowerment motivated the group to start many income generating activities to improve their meager earnings. Their major activities included: Tree nursery planting, bee keeping, flower gardening and advocacy against HIV/AIDS.

It is through CDP program that the group was linked to many development agencies and ministry of youth affairs who gave them grants and loan to finance their income generating activities.

The group has currently diversified their activities with the aim of making more income. They have made a big investment in transport sector where they have bought 3 motorcycles. Besides, earning profits for the group, the motorcycles have provided employment for 3 of their members who were hired as riders.

The group is still very active and is currently operating on a working capital of about KSHs. 250000.



***Youth group members displaying their motorcycles.***